

# Welcome to Raw



*Healthy goodies and seriously raw food!*

*Raw food can be a healthy lunchtime dish, or it can be a way of life. The health benefits are numerous. It is a cuisine ideal for those who prefer a vegetarian lifestyle with no meat, seafood, or eggs. Meat and seafood, if used, are served either dehydrated or in their natural state.*

*Incorporating an all-over healthy attitude to food, we use only whole grains, organic herbs, in-house cured and pickled foods that are low in salt, unpasteurized, and not deep-fried. Our focus is to use organic produce, which is healthy, along with nutritious proteins such as sprouting seeds, grains, nut milk, soy, almond, beans, and pulses.*

*Rather than refined white flour, we offer wheat alternatives such as oats, quinoa, millet, rye, spelt, buckwheat and barley. And instead of artificial sweeteners, our creative team of chefs uses natural sweeteners like honey, raw sugar, palm sugar, apple concentrate, fructose, and fruit purées to add depth and bring out the real flavor in each dish. Even our sauces and dressings are blended with uncooked oils, nut sauces, miso sauces, yogurt, olive oil, vegetable purées, and tahini to create scrumptious dishes that are both wholesome and tasty.*

## DETOX &amp; BOOSTS

Mix your delectable juice or choose from combinations from below:

## THE JET LAG

**Lime, Mint, Fresh Grapefruit, Cantaloupe, Green Melon**  
Clears body heat, counteracts toxicity, decreases blood pressure and fights oxidization

## DETOXIFIER

**Fresh Pineapple, Banana with Spirulina**  
Reduces cholesterol and improves upset stomach and headaches

## VITALITY

**Nashi, Ginger, Cucumber**  
Helps in reducing body heat, improve skin texture and moisture

## ALKALINE

**Apple, Watermelon, Kiwi**  
Improves skin complexion & helps to maintain blood pH level

## GREEN PIGMENT

**Green Apple, Spinach, Wheatgrass, Cucumber**  
Rich in vitamin A, C & D, it helps in improving bone health and improves blood glucose, thus controlling diabetes

## CALCIUM JAR

**Carrot, Ginger, Papaya, Apple, Curry Leaves**  
Lowers blood pressure, boosts circulation and improves bone mineral density

## ANTI-INFLAMMATORY

**Beetroot, Ginger, Pear, Coriander**  
Rich in vitamin C, E, and Iron, this juice improves skin complexion, metabolism, and reduces inflammation

## THE VISION

**Mint, Passion Fruit, Pear, Orange**  
Boosts immune functions and improves eyesight



## SELECTION OF ORGANIC WINES

## HALF BOTTLES

2019 BABICH SAUVIGNON BLANC Marlborough, New Zealand	45
2015 ANTINORI CERVARO DELLA SALA CASTELLO DELLA SALA CHARDONNAY Umbria, Italy	105
2020 WHISPERING ANGEL Côtes de Provence, France	65

## CHAMPAGNE &amp; SPARKLING WINE

NV TESTULAT BLANC DE BLANC BRUT Épernay	145
NV PARES BALTA CAVA BRUT Catalonia, Spain	75

## WHITE WINES

2020 DOMAINE HAMELIN Chablis Burgundy, France	100
2018 DOMAINE OLIVIER LEFLAIVE BOURGOGNE BLANC Burgundy, France	120

## ROSÉ WINE

2020 DOMAINE DES NOUVELLES ROSE D'ANJOU Loire Valley, France	55
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## RED WINES

2019 OVERSTONE PINOT NOIR New Zealand / Hawke's Bay	75
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A - Alcohol, D - Dairy Products, GF - Gluten Free, N - Nuts, P - Pork, RP - Raw Protein, S - Seafood, V - Vegetarian

Please note, if you are pregnant or have any immune disorders, there may be health risks associated while consuming raw protein products and should be avoided.

Should you have any specific dietary requirements or food preferences, we will be more than happy to oblige.

Please speak to a member of the team for assistance in creating your bespoke culinary experience.

Prices are quoted in US Dollars and subject to 10% service charge and 16% GST.

## ON ARRIVAL

Tapas; Raw Style Asian Bites

### REFRESHING AND ENERGETIC LIQUIDS

CHILLED TOM YAM SOUP (V) 24  
Young Coconut Flesh Infused in Galangal, Lemongrass, And Thai Herbs

### SALAD: NUTRITION BOWL

JAPANESE SOBA SALAD (V) 30  
Green Tea Soba Noodle, Lotus Root, Carrots, Tomato, Rocket, Shoots, Sprouts, Sunflower Seeds and Orange-Miso Dressing

ATLANTIC SALMON SASHIMI SALAD 30  
Atlantic Salmon, Apple, Shaved Asparagus, Red Radish, Baby Spinach, Garlic Chips, Yuzu Garlic Dressing

### SIMPLICITY OF INSPIRATION

TRIO OF FISH CEVICHE (RP, S) 30  
Maldivian Yellowfin Tuna, Atlantic Salmon, Local Reef Fish

ZUCCHINI, CUCUMBER, AND TOMATO LASAGNE (V) (N) 30  
With Walnut, Ricotta Cheese, and Arugula Pesto

CRUNCHY ICEBERG LETTUCE SALAD (V) 25  
With Onion Sesame Dressing, Green Onion, Nori Seaweed, Togarashi, Snow Pea Tendrils and Sesame Seed

### BEYOND YOUR IMAGINATION

MALDIVIAN YELLOW FIN TUNA TARTAR (RP) 30  
Yuzu Avocado Salsa, Wasabi Mayonnaise, Balsamic Cream, and Pickle Cherry Tomatoes

FRESH SASHIMI (3 Slice each) 30  
3 Kinds  
Salmon, Tuna, Reef fish

3 Kinds 48  
Salmon, Tuna, Hamachi, Sweet prawn, Reef fish served with Wasabi, Soy Sauce, Ginger Pickle

WAGYU BEEF TARTARE (MARBLE SCORE 7) (RP) 48  
Spicy Mayo, Egg Yolk, Shiso Leaves, Scallion and Aromatic Furikake Powder

SIGNATURE CARPACCIO OF AVOCADO (V, GF) OR REEF FISH (R) 30  
Miso Orange Dressing, Avocado Pomegranate, and Pink Peppercorns

### TO SHARE THE PASSION

TUNA PIZZA RAW STYLE (RP) 32  
Yellowfin Tuna Sashimi, Crunchy Seaweed, Dehydrated Dough, Jalapeños, and Anchovy Aioli

### SWEET TEMPTATIONS

CHIA SEED AND MANGO TRIFLE (GF) (N) 22  
With almond-poppy seed sponge, blueberries, and coconut cashew nut cream

THREE FLAVOURED MOCHI ICE CREAM OR CHOICE OF SORBET 18

SLICED TROPICAL FRUITS WITH LIME CHEEKS 20

SELECTION OF ICE CREAM (D) (GF) Per Scoop 6  
Chocolate  
Vanilla  
Strawberry  
Black Sesame

SELECTION OF SORBET (GF) Per Scoop 6  
Lime  
Mango  
Coconut  
Green Tea

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