



HUVAFEN FUSHI
MALDIVES

HUVAFEN SPA

INSPIRATIONAL WELLBEING



IMMERSE INTO AN UNDERWATER TRANCE

THE WORLD'S FIRST UNDERWATER SPA

A refuge for body and soul. A secret place to indulge and relax.

An underwater realm that stirs the senses. Healing hands rejuvenate and restore. Iconic treatments soothe and inspire. Expert practitioners weave the elements to create sensuous ways to nurture wellbeing.

Awaken to an ethereal world of healing. Massages, facial treatments and full-body therapies amid a kaleidoscope of sea life. Where modern techniques meet traditional Maldivian traditions.



PURE MASSAGE

BY BEATA ALEKSANDROWICZ

Beata Aleksandrowicz Spa Training Method is a groundbreaking and advanced training program curated by Beata Aleksandrowicz herself.

Her method stands out for its fusion of the best traditions from both the Western and Eastern approaches to massage, while tailoring each treatment to the individual's specific needs. Whether it's a body or face massage, Beata's approach is characterised by its attention to detail. The pressure applied is customised, ensuring that each guest receives a personalised and therapeutic session, aiming to provide a rejuvenating experience that nurtures the mind, body, and spirit.

Beata Aleksandrowicz exclusively crafted this treatment for Huvafen Fushi Underwater Spa. It seamlessly blends the serenity of the extraordinary surroundings with her extensive research on sleep and distinctive massage techniques.

UNDERWATER RENDEZVOUS

120 minutes

Embark on a tranquil underwater escape with a two-hour voyage in pure bliss as tension melts away from your neck, back, shoulders. Continue the journey with the Face therapy massage, culminating in a profoundly soothing foot massage as the final touch.

Set against the serene backdrop of an underwater landscape, this sanctuary promises genuine healing and profound relaxation. It's a truly unique top-to-toe treatment that yields long-lasting results.

UNDERWATER DREAM

90 minutes

Nestled in our pioneering underwater spa, a surreal and enveloping space, it provides an idyllic backdrop for an enchanting treatment that taps into the incredible healing capacities of sleep.

Commencing at the feet, the treatment incorporates reflexology, pressure points, and Shiatsu techniques to induce relaxation and encourage a peaceful sleep. Gentle massages on the head, neck, arms, back and legs foster a trance-like deep relaxation, while ancient breathing techniques contribute to completing the energy circuit and promoting sleep. This exclusive and transformative experience elevates the efficacy of touch, reinstating a natural sleep pattern and triggering hormones that enhance overall well-being.



Beata's commitment to excellence, innovation, and a holistic approach ensures that each session is not just a treatment but a journey towards well-being and deep relaxation. Every therapist within our spa is a testament to excellence, having undergone rigorous training under the expert guidance of Beata Aleksandrowicz.

We invite you to indulge, and experience the transformative touch of massage, healing, and wellbeing.

BACK MASSAGE

45 / 60 minutes

Beata developed the "trunk and branch" method, focusing our priority in understanding and addressing the tension in the back. Focusing on the back allows us to pinpoint the root cause, ensuring effective relief. This treatment is indispensable for maintaining overall relaxation, fitness, and strength in your entire body.

BODY MASSAGE

60 / 90 minutes

Deep-tissue and customised pressure, addresses muscular tensions, aches and pains, alternatively our gentler version can help you relax and reconnect.

A 60-minute treatment that gradually increases the ability of your body to relax and releases the tension so often accumulated over time. 90 minutes is a top-to-toe treatment that also includes work on the abdomen, chest, and scalp.

JET LAG MASSAGE

60 / 90 minutes

Discover a revitalising post-travel therapy designed for quick recovery. Combining scalp stimulation, body stretches, and back massage, it relieves fatigue, stiffness, and muscle tension. Enhancing relaxation and circulation, it guards against travel-related issues like headaches and insomnia.

BODY MOVEMENT

60 / 90 minutes

Experience a fusion of Thai stretching and Shiatsu pressure points in a treatment crafted by Beata. Personalised stretches, accompanied by a gentle rocking process, promote relaxation and balance in the body's structures. Optimal comfort is guaranteed, and no massage oil is used during this unique session.

BODY TONE & CONTOUR

90 minutes

Opt for a targeted massage aimed at reducing cellulite. Starting with detox drainage, it eliminates toxins, followed by a vigorous massage using firm pressure and cupping tools to dissolve fatty tissue. For optimal results, consider scheduling two or three sessions in quick succession to maximise the benefits.

BODY BALANCE

90 minutes

Relax into a gentle and efficient lymphatic drainage therapy for natural detoxification and balance restoration. With techniques like abdominal massage and reflexology, it promotes harmony in the digestive system and the entire body. Combined with a detox diet, rest, and hydration, it forms a solid foundation for a healthier lifestyle.

MUM-TO-BE

75 minutes

Indulge in a thoughtfully crafted pre and postnatal massage, offering dedicated support throughout your pregnancy journey. Beata's expertise considers the different stages, adjusting techniques and positions for safety and comfort. Customised pressure and thorough discussions ensure a tailored experience, recommended for 3-7 months and beyond.

FACE THERAPY

75 minutes

Discover the therapeutic power of touch in this holistic pro-aging facial massage. Calming and revitalising strokes release facial muscle tension, alleviating headaches, migraines, and jaw tension. Profound healing attributes enhance sleep patterns, while tension relief extends to the chest, neck, and scalp for a comprehensive rejuvenation.

AROMATHERAPY ASSOCIATES

Explore the Aromatherapy Associates collection of acclaimed essential oil blends and learn about the three primary ways aromatherapy engages our senses: through the sense of smell, inhalation, and absorption through the skin. Our treatments are designed to guide you on a sensory experience, whether you're seeking support for physical well-being or emotional balance in your daily life. Uncover the profound impact of essential oils and their transformative influence on your overall well-being.



ULTIMATE WELLNESS

THE ULTIMATE DREAM

Underwater Treatment 120 minutes

Immerse yourself in the rejuvenating experience of the Rose exfoliation and wrap treatment, thoughtfully designed to elevate your spirit and enrich your skin, followed by the Ultimate Face Glow that commences with a thorough cleansing and exfoliation, paving the way for a personalised face massage. This facial which focuses on the scalp, face, and décolleté, is designed to alleviate tension and enhance circulation. As a result, both your skin and mind emerge revitalised, embodying a renewed sense of vitality and overall well-being.

THE ULTIMATE INDULGENCE

Overwater Treatment 120 minutes

Go beyond the Ultimate facial and body massage experience with this innovative treatment, dedicated not only to improving the skin but also reducing stress levels throughout the body. It aims to initiate a comprehensive reset and repair for both the skin and the mind, providing a holistic approach to relaxation and rejuvenation.

ULTIMATE BODY

THE ULTIMATE AROMATHERAPY EXPERIENCE

60 / 90 minutes

This treatment commences with an aroma test allowing you to select the most suitable oil from a collection of signature blends. Once your chosen oil is identified, your therapist will carefully apply pressure to stimulate the nervous system, Swedish and Neuromuscular technique to relieve muscular tension and lymphatic drainage to encourage healthy circulation and bring your body and mind back into balance.

INTENSIVE MUSCLE RELEASE

60 / 90 minutes

A deeply restorative treatment is specifically designed for tight, stressed and aching muscles. Swedish and cross muscle fibre massage techniques, with stretching and draining, are combined with essential oil known for their beneficial effects on the circulation. An intensive massage that works deep into stiff, tight aching muscles to instantly release pain and tension.

ULTIMATE FACIAL

THE ULTIMATE WELLBEING

60 minutes

Beyond the ordinary facial experience, this pioneering treatment is dedicated to not only enhancing skin but also lowering stress levels throughout the body. It is designed to foster a complete reset and repair for both the skin and the mind, offering a comprehensive approach to relaxation and rejuvenation.

THE ULTIMATE FACE GLOW

60 minutes

An invigorating facial meticulously crafted to bolster the skin's inherent defence's and counteract the impact of a hectic lifestyle. The treatment begins with a thorough cleansing and exfoliation followed by a personalised face massage, focusing on the scalp, face, and décolleté, skilfully designed to alleviate tension and enhance circulation. Your skin and mind emerge revitalised, embodying a renewed sense of vitality and well-being.

THE ULTIMATE REBALANCING

60 minutes

A calming facial designed for stressed and sensitive skin; this experience encompasses every detail from intuitive aromatherapy inhalation to specialised breathing rituals infused with the power of aromatherapy. The purposeful treatment aims to soothe both the skin and the mind, providing a holistic approach to relaxation and well-being.

ULTIMATE BODY BEAUTY

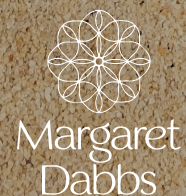
ROSE INDULGENCE

60 minutes

Experience the rejuvenation with this ultimate exfoliation and wrap treatment, meticulously crafted to elevate the spirit and enrich the skin. Your skin's texture is refined through a body exfoliation, paving the way for a sumptuous rose ritual that envelops you from head to toe. This holistic approach not only revitalises your skin but also uplifts your spirit, leaving you with a profound sense of well-being and a radiant, enriched complexion.

MARGARET DABBS

Margaret Dabbs™ London is the globally recognised British beauty brand created by Margaret Dabbs OBE. Their PURE Hand & Feet products are vegan-friendly formulations designed to enhance the appearance and transform the overall feel of your hands and feet, delivering a luxurious and rejuvenating experience



FOOT & HAND THERAPY

SUPREME PEDICURE

60 minutes

Luxury pedicure treatment focuses on foot health and returns the foot and toenails back to a more youthful appearance. Using the full range of Margaret Dabbs™ London PURE Feet range, formulated to transform the way your feet both look and feel. This treatment includes a relaxing foot and leg massage.

SUPREME MANICURE

60 minutes

A unique anti-ageing expert manicure that gives exceptional treatment results, with a focus on treating nails and cuticle using award-winning Margaret Dabbs™ London PURE Hands product range.

The manicure is finished with a gloved treatment mask as well as a delightful lower arm and hand massage.

EXPRESS MANICURE OR PEDICURE

40 minutes

Express Pedicure or Manicure is performed on dry skin. Flawless filing, buffing and cuticle work is carried out with this indulgence quick fix.

HAND THERAPY

ANTI-AGEING HAND & ARM MASSAGE

30 minutes

A Margaret Dabbs™ London facial for the Hands. This anti-ageing treatment focuses on the skin of the hands. Combining a double cleanse to start, the powerful Hand Mask followed by serum, oil, and a cream massage to plump, rejuvenate, brighten, and hydrate the hands. A perfect treatment to visibly improve the appearance of the hands whilst repairing and protecting the skin.

LEG THERAPY

RELIEVING & TONING LEG MASQUE THERAPY

60 minutes

This leg therapy with black masque is designed to relieve the feeling of heavy, tired, and uncomfortable legs. It works to help stimulate circulation and reduce water retention, whilst providing a cooling sensation to soothe puffy, swollen, fatigued legs and perfect for jet lag. Legs are left feeling energised and looking beautifully contoured with lasting results.

FOOT & LOWER LEG MASSAGE

30 minutes

A luxurious foot pampering massage which utilises the Margaret Dabbs™ London Firming Leg Serum and Intensive Hydrating Foot Lotion for instant treatment results. The serum's instant cooling effect will leave your legs feeling lighter, and the delightful foot massage will relieve and refresh over-tired, overworked feet and leave you walking on air.

FINAL TOUCHES

PURE HAND MASK

15 minutes

Suggest pairing it with a facial, foot therapy or add on to any treatment to brighten, and hydrate your hands.

POLISH CHANGE

30 minutes

Select a nail colour for your fingers or toes.



OBSIDIAN FOR GENTLEMEN

Obsidian skincare for men has crafted a range of thoughtfully formulated products to enhance your complexion, combining science and nature to create a targeted range of skincare that delivers real results. Obsidian skincare makes you feel like the best version of yourself.

A brand that men are proud to use and talk about openly, an elegant yet masculine brand with superior formulations and ingredients.

DETOXIFYING FACIAL

75 minutes

Designed for the contemporary man, this facial treatment focuses on the face, neck, and décolletage. It integrates thorough deep cleansing, exfoliation, and a mask to eliminate impurities and revitalise your skin. A lymphatic drainage face massage using silicon cupping techniques which help remove toxins, ensuring your skin is safeguarded from environmental elements and receives ongoing nourishment. Our detoxifying facial includes an Obsidian gift which further enhances your skin texture and radiance throughout the day.

ANTI-AGEING FACIAL

60 minutes

Commence with a harmonising facial cleanse, followed by a volcanic perlite exfoliating scrub to clear pores, and a nurturing mask that restores and revitalises your complexion. Your face is sculpted and massaged with an Obsidian stone roller, ensuring your skin achieves a harmonious balance of suppleness and vitality. This opulent treatment includes an Obsidian skincare gift ensuring you emerge with renewed confidence and an impeccably groomed appearance.

EXPRESS FACIAL

30 minutes

Indulge in the Obsidian skincare for Men Express Facial, a streamlined and effective treatment that delivers results in just 30 minutes. Whether booked as a standalone treatment, or added onto a massage, this expertly crafted facial focuses on the key elements to cleanse, exfoliate, hydrate and rejuvenate your skin, providing the perfect solution for the modern man on the go.

OBSIDIAN
SKINCARE FOR MEN



HUVAFEN ICONICS

HEAD IN THE CLOUDS

30 minutes

Beyond its relaxation benefits, this pressure-point scalp and hair treatment stimulates hair growth, and improves oxygen and circulation to the scalp, fostering overall hair health. The nourishing coconut oil adds vitality to both the hair and scalp, resulting in a rejuvenated and lustre to every strand.

AFTER SUN SOOTHER

60 minutes

A cooling and refreshing body wrap that combines fresh aloe vera with cucumber to soothe and rehydrate your skin after sun exposure. Feel a head-to-toe cooling sensation that revitalises and refreshes you.

SPA ETIQUETTE

OPENING HOURS

Huvafen Spa opens daily from 10:00 to 20:00 hours.
We recommend booking treatments in advance to ensure your preferred timings are available. Enhance your treatment to our exclusive Underwater Spa experience. Additional charges apply.

Please arrive at least 20 minutes prior to your appointment to relax and complete the lifestyle consultation form. Late arrivals may result in a shortened treatment time.

CANCELLATION POLICY

We require notification of cancellations for all treatments 4 hours prior to your appointment time. Any cancellations within 4 hours of the treatment or no show will incur a 100% charge.

HEALTH CONDITIONS

Guests with high blood pressure, heart conditions, allergies, pregnancy, or any other medical complications are advised to consult a doctor before booking any treatments.

PREGNANCY

We offer specially designed treatments for expectant woman past their 1st trimester or nursing mothers. Our therapist will assist you in selecting the most suitable treatments for this special phase.

VALUABLES

Please refrain from bringing valuables to the spa. Huvafen Spa accepts no responsibility for the loss or damage of valuables at any time on the spa premises.

HOMECARE

We recommend that you do not sunbathe immediately after your spa treatment. To continue your spa experience, most products used in our treatments are available for retail sale at the reception.

SMOKING & ALCOHOL

Smoking and consumption of alcohol within the spa is prohibited.

CHILDREN'S POLICY

We are pleased to offer treatments for children aged 6 to 14 years old, provided they are accompanied by an adult throughout the session. This includes access to the spa's changing facilities, heat experiences and gym.

PRICELIST

BEATA ALEKSANDROWICZ

		USD
Underwater Rendezvous	120 minutes	395
Underwater Dream	90 minutes	325
Back Massage	45 / 60 minutes	145 / 175
Body Massage	60 / 90 minutes	195 / 225
Jet Lag Massage	60 / 90 minutes	195 / 225
Body Movement	60 / 90 minutes	195 / 225
Body Tone & Contouring	90 minutes	240
Body Balance	90 minutes	225
Mum-To-Be	75 minutes	225
Face Therapy	75 minutes	220

AROMATHERAPY ASSOCIATES

ULTIMATE WELLNESS

The Ultimate Dream Underwater Signature	120 minutes	395
The Ultimate Indulgence Overwater Signature	120 minutes	320

ULTIMATE BODY

The Ultimate Aromatherapy Experience	60 / 90 minutes	195 / 225
Intensive Muscle Release	60 / 90 minutes	195 / 225

ULTIMATE FACIAL

The Ultimate Wellbeing	60 minutes	255
The Ultimate Glow	60 minutes	220
The Ultimate Rebalancing	60 minutes	220

ULTIMATE BEAUTY

Rose Indulgence	60 minutes	180
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MARGARET DABBS

		USD
Supreme Pedicure	60 minutes	120
Supreme Manicure	60 minutes	105
Express Pedicure	40 minutes	80
Express Manicure	40 minutes	70
Relieving & Toning Leg Masque Therapy	60 minutes	150
Luxurious Foot & Lower Leg Massage	30 minutes	110
Anti-Ageing Hand & Arm Massage	30 minutes	110
Pure Hand Mask	15 minutes	35
Polish Change	30 minutes	35

OBSIDIAN for Gentlemen

Detoxifying Facial	75 minutes	255
Anti - Ageing Facial	60 minutes	220
Express Facial	30 minutes	110

HUVAFEN ICONICS

Head in the Clouds	30 minutes	120
After Sun Soother	30 minutes	150

All prices are stated in US Dollars and are subject to a 10% service charge and 16% GST.
Enhance your treatment to our exclusive Underwater Spa experience. Additional charges apply.

